

# FOUR SQUARE

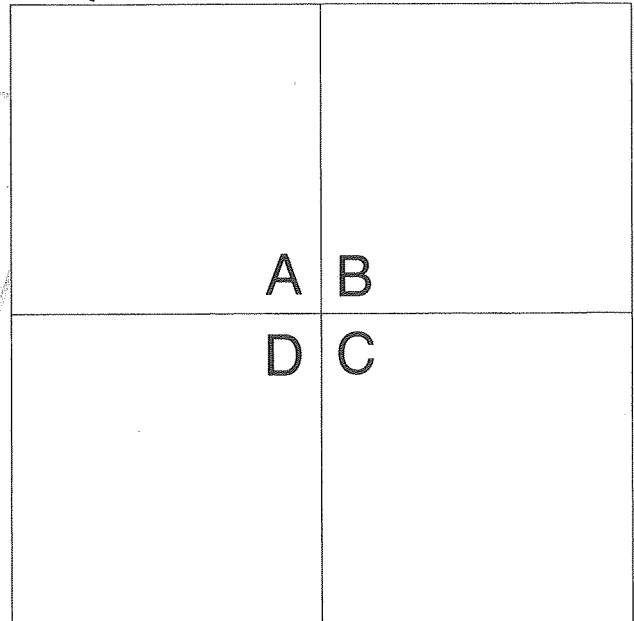
**GOOD FOR**  
Hand-eye coordination.

**OBJECT**  
To get to square A and remain there by eliminating opponents in squares B-D.

**EQUIPMENT**  
Utility ball or a ten-inch playground ball and Four Square game markings.

## PROCEDURE

- 1) The squares are lettered A, B, C and D. The serve always starts from square A.
- 2) Players take positions in boxes A, B, C and D.
- 3) The ball is served by dropping it and serving it underhand from the bounce. If the serve hits a line, the server is out. To begin the game, the server hits the ball to square D.
- 4) The player receiving the ball must keep it in play by striking the ball after it has bounced once in her square. She may return the ball from outside of the perimeter. She directs it to another square with an underhand hit.
- 5) Play continues until one player fails to return a hit or commits a foul. When someone fouls, the first child in the waiting line enters at box D. All children then advance to fill in the available square.



## Fouls

- 1) Failure to hit a ball that bounces into one's box.
- 2) Playing a ball that has bounced into someone else's box.
- 3) Hitting the ball out of bounds or onto a line.
- 4) Hitting the ball into one's own box.
- 5) Holding the ball, catching or carrying a return volley.